



# CALIFORNIA

## 2010 Men's Crew



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## Cal Heads to Redwood Shores for Stanford Invite.

### 2010 Schedule

Date	Opponent	Time/V8+ Result
March 27-28	San Diego Classic	Wins Copley Cup
April 17-18	Stanford Invitational <sup>^</sup>	All Day
April 24	Washington <sup>*^</sup>	All Day
May 1	Stanford <sup>*^</sup>	All Day
May 16	Pac-10 Championships <sup>#</sup>	All Day
June 3-5	IRA Regatta	All Day

\*Pac-10 Conference Dual    ^at Redwood Shores  
 # at Lake Natoma

### Cal Head Coach Mike Teti

**Mike Teti**, formerly the head coach of the 2008 U.S. men's Olympic rowing team, begins his second season at Cal after he became the head coach in July 2008.

A longtime fixture on the national level, Teti served on the U.S. coaching staff at the World Championships and Olympic Games regularly since 1996. He coached the U.S. men's eight to nine world championship medals during that time period including four gold medals in 1997, 1998, 1999 and 2005.

Teti started his coaching career in 1982 at Temple University, leading his crews to six titles in seven years at the Dad Vail Regatta in Philadelphia.

### 2009 Season Recap

Under first-year head coach **Mike Teti**, Cal captured the Pac-10 team and varsity 8 championships on May 17 at Lake Natoma near Sacramento. Nearly three weeks later, the Bears returned to the course for the 107th IRA Regatta. This time, Cal's varsity 8 put in a strong effort and claimed second place behind Washington. The varsity 4 won the IRA crown, while the second varsity 8 took third and the freshman 8 finished fourth. **James Long-Lerno**, a transfer from Orange Coast College, was named Pac-10 Newcomer of the Year, while **Nareg Guregian**, **Nick Lucey**, **Jan Tize** and **Nikola Zunic** were voted All-Pac-10.

### This Week

The California men's crew heads to Redwood Shores this week for the Stanford Invitational from April 17-18. The Golden Bears had the past two weeks off after a near-perfect weekend at the San Diego Crew Classic last month. Races commence both Saturday and Sunday at 9 a.m. with an afternoon session on Saturday beginning at 3 p.m.

### Bears Dominate San Diego Crew Classic

Cal swept all four grand finals at the San Diego Crew Classic at Mission Bay, which was held on March 27-28. In the Copley Cup, the top men's collegiate race at the annual Southern California regatta, the Golden Bears' varsity 8+ took first place with a time of 5:49.50 to win the top event. The Bears also took first in the men's collegiate novice, men's collegiate junior varsity, the men's open event and the JV B final. Over the course of the two-day event, Cal won 10 of the 11 races it competed in. The Bears weren't facing easy competition either, as four teams in the competition rowed in last year's NCAA Championships, including Stanford and national-power Brown.

### Fall Success

In fall competition earlier this season, Cal swept Stanford as it claimed first in the Open 8, Open 4 and the Freshman 8 at the Newport Autumn Rowing Festival on Nov. 1 in Newport Beach, Calif. The Bears clocked a time of 13:40.057 in the 8, 15:47.231 in the 4 and 14:59.643 in the Freshman 8 to take top honors in all three races.

At the 45th annual Head of the Charles Regatta on Oct. 19 in Boston, Mass., the Bears came in second overall and first among collegiate boats, beating several elite national clubs, in the eight. The men's eight outlasted third-place Washington and crossed the finish line at 14:45.55 in the 37-boat, 3.2-mile race. The men's four came in fifth overall and third among collegiate boats.

### Teti Inducted Into Hall of Fame

Head Coach **Mike Teti** and assistant coach **Wyatt Allen** were inducted into the National Rowing Hall of Fame at Mystic Seaport, Conn. on March 20, 2010. Teti was honored as the coach of the gold medal-winning men's eight at the 2004 Athens Olympic Games and Allen was honored as one of the oarsmen in that gold medal-winning eight. Teti became the first person to be inducted into the National Rowing Hall of Fame as both an athlete and a coach.

### Looking For a Crew Photo?

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### Next Week

Cal hosts Washington at Redwood Shores on April 24.